



covington ms  
fine arts academy

*dance*

## 6<sup>th</sup> Grade Dance

Ms. Weber

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### I. OBJECTIVES:

*The student will learn:*

- Correct stretching/warm-up technique
- Basic muscle structure, body mechanics, & alignment
- Choices for a fit & healthy lifestyle
- Dance vocabulary and history in the areas of dance studied
- Ballet, Jazz, Contemporary, Hip-Hop, & Musical Theatre technique
- Cultural awareness of dance
- World Dance
- Projection and stage presence
- Basic choreography skills
- How to critique and polish a dance
- Functional Fitness

### II. MATERIALS NEEDED:

- **Dance Clothes:**
  - Females: any comfortable short sleeve top, black workout pants/leggings, tennis shoes, jazz shoes or ballet shoes (not required)
  - Males: any comfortable short sleeve top, black shorts or pants, tennis shoes, jazz shoes or ballet shoes (not required)
- Spiral or Composition **Notebook**
- **\$5** for combination lock rental. Cash or check is fine (make out check to Covington Middle School and include DL and phone #) → **DUE Monday August 27<sup>th</sup>!**
- **\$6** for dance dept shirt for performances & class (will send order form home in September)

### III. FINE ARTS DANCE GRADING SYSTEM

**50%** DRESSING OUT EVERY DAY & ACTIVE PARTICIPATION during all class activities. Students who do not participate, or participate inappropriately are subject to point reduction.

**40%** Skills Tests/Performances/Written Tests

**10%** Weekly Dance Journal Entries/Written Assignments

### IV. GRADING PROCEDURE

Your grade in this class will be based on dressing out and participating, written assignments, evaluations on in-class dance performances and quizzes. Your DAILY participation grade carries the most weight. This creates a fair environment and gives all class members an equal opportunity to experience success.

***Areas where daily points may be lost:***

Chewing gum/cell phone	10 points	Disruptive behavior	10-50 points
Hair not pulled back	10 points	Excessive talking	10-50 points
Not dressed out	20-50 points	Late Assignments	10-100 points

**\*\*\*You must dress out to receive a daily participation grade!\*\*\***

***ILLNESS or INJURY:***

If a student needs to be excused from participation due to illness or injury, then she/he MUST have a written note from their parent/guardian. Students will do an alternative assignment. If a student is unable to participate for more than three class periods a doctor's note is required.

### V. STUDENT EXPECTATIONS:

1. Respect themselves, others, and their property
2. Dress out in the appropriate clothes EVERY day with hair pulled back out of face. NO GUM AND NO JEWELRY (stud earrings are okay).
3. Be on time! Students must be in the dressing room before the tardy bell rings. Students will have **4 minutes after the tardy bell rings** to be dressed out, use restroom, and be sitting in their spot in the dance studio.
4. Follow the locker room and dance studio rules:
  - a. Keep your hands, feet, and objects to yourself.
  - b. No running, horse play, or yelling/screaming
  - c. Be responsible! Lock up your items in your locker only. **YOU** are responsible for your own belongings. Label everything with a permanent marker (first name and last initial).  
TEACHERS ARE NOT RESPONSIBLE FOR ITEMS UNLOCKED OR LEFT UNATTENDED.
  - d. Be timely and courteous. You only have **4 minutes to dress out** and be ready.
  - e. No food, drink, or gum is allowed in the locker room or dance studio.

5. Participate in classroom activities to the best of your ability.
6. Have fun and be creative!

## **VI. BEHAVIOR PLAN**

The following discipline will take effect if a student fails to dress out and/or fails to participate in any class activity.

- 1<sup>st</sup> OCCURRENCE: Written assignment during class time & loss of participation pts  
2<sup>nd</sup> OCCURRENCE: Same as above, plus Phone Call home  
3<sup>rd</sup> OCCURRENCE: Same as above, plus Detention  
4<sup>th</sup> OCCURRENCE: Office referral/ISS

## **VII. PERFORMANCE INFORMATION**

Students will have a MANDATORY PERFORMANCE for the CMSFAA Dance Dept. at the end of each semester. This is a requirement and counts as the final test grades for the course. Alternate assignments may only be given if approved in writing, well in advance, by the director, of any conflicts.

### **MANDATORY DATES:**

- Wednesday, December 5<sup>th</sup> → MANDATORY *Christmas* Performance
- Thursday, April 4<sup>th</sup> → MANDATORY DRESS REHEARSAL
- Friday & Saturday April 5<sup>th</sup>-6<sup>th</sup> → MANDATORY *Spring Show* Performances

**\*\*\*PLEASE NOTE** that performing is a privilege, not a right. Failure to participate and any behavior issues may result in being pulled from Spring Show.

## **VIII. WHEN DO YOU BEGIN DRESSING OUT?**

- **Tuesday, August 28<sup>th</sup>!** 😊

PLEASE SIGN, DETACH, AND RETURN THIS PAGE **BY MONDAY, August 27<sup>th</sup>!**

I have read and understand the student guidelines, expectations, class dress code, grading system, performance requirement, and the uniform requirement for CMS Fine Arts Academy Dance Classes. I know that as a dance student, I am required to follow the policies listed above. I also know that the Dance and PE departments are not responsible for any lost or stolen items. If I have any questions or concerns, it is my responsibility to contact Ms. Weber promptly. I will report ALL medical issues, injuries, and concerns immediately in order to ensure my safety.

Student Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent Signature \_\_\_\_\_

Date \_\_\_\_\_



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